



OPDEV

TRAININGS & WORKSHOPS · 2027

Training that changes behaviour.

Practical, activity-based programmes in leadership, process improvement, HSE and Train the Trainer (TTT). Delivered in-house in the UAE, Middle East, Singapore, UK, USA and Pakistan, or online.

DURATION

1-3 days

GROUP SIZE

Up to 25

FORMAT

On-site, virtual or blended

CERTIFICATE

On completion

Our programmes

Four streams. Every programme starts with a needs assessment and is adapted to your sector.
Click any title to see the full programme.

OPI

Organisational Process Improvement

Improve how work moves between people and teams. For operational leaders, sector heads and management teams.

5S and Kaizen for workplaces

Creative thinking and innovation

Customer journey and service process design

Effective meetings

Lean thinking for teams

Project management in practice

Six Sigma foundations: reducing errors and waste

Time management for high-pressure roles

AI in the workplace: productivity, judgement and governance

Critical thinking and better judgement

Data-driven decision-making with dashboards

Handovers & workflow clarity

Operational leadership in practice

Remote and hybrid team ways of working

Strategic thinking and project planning

Writing SOPs and work instructions

Change readiness

Cross-functional collaboration

Decision-making & accountability

KPIs and OKRs that teams use

Process mapping & improvement

Root cause analysis & problem solving

Teams that work well together

HPI

Human Performance Improvement

Improve leadership, teamwork and communication. For HR, L&D and OD teams, and senior leaders.

Anger management

Conducting fair performance appraisals

Customer service excellence

Executive presence and personal impact

Leadership presence

Mentoring at work

Overcoming fear of public speaking

Personal brand building for careers and entrepreneurship

Psychological safety

Research and data skills for better decisions

Team building and team effectiveness

Assertiveness and setting boundaries

Confidence and self-belief at work

Diversity, inclusion and respect at work

Feedback & coaching conversations

Managing difficult behaviour at work

Negotiation at work

People management essentials

Prevention of workplace harassment

Public speaking with confidence

Resilience & burnout prevention

Trust & collaboration

Communication & influence

Cross-cultural communication for international teams

Emotional intelligence at work

Leadership for managers

Mental health at work for managers and teams

New managers: from colleague to manager

Performing under pressure

Professional conduct and business etiquette

Recruitment and interviewing skills for managers

Stress management

Our programmes (continued)

HSE

Health, Safety & Environment

Build safe habits that last. For field leaders, HSE teams and site managers.

Behaviour-based safety	Chemical safety and hazard communication	Contractor safety management
Defensive driving and road risk management	Environmental management in practice	Fire safety and emergency preparedness
Heat stress prevention and management	Incident investigation & learning	Manual handling and back care
Office ergonomics essentials	Permit to work and safe systems of work	Psychosocial risk and ISO 45003 awareness
Risk perception & hazard awareness	Safety conversations that work	Safety culture foundations
Safety leadership for supervisors	Wellbeing in high-pressure roles	Working at height: planning and control

TTT

Train the Trainer (TTT)

Help your trainers deliver clear, engaging sessions. For in-house trainers, teachers and school leaders.

Activity-based learning design	Adaptive facilitation	Business and report writing
Classroom management for teachers	Coaching and mentoring skills for trainers	Designing assessments and knowledge checks
Designing e-learning and microlearning	Evaluating learning impact	Facilitate the Facilitator
Facilitating difficult conversations	Instructional design with the ADDIE model	Media interviews and camera confidence
Presentation & delivery skills	Reading the room	School leadership and middle leadership
Teacher development for schools	Train the Trainer for HSE trainers	Virtual & blended delivery

How our training works

01

Needs assessment

Before the programme, we hold a needs assessment call with you. There is an option to avail an in-depth needs and starting points assessment as well.

02

Tailored workshop delivery

We design the workshop around those results, using cases and examples from your sector. Sessions use modern, activity-based methods developed by our international learning and development specialists and subject-matter experts.

03

Follow-up and report

After the workshop, we send a report covering participation, learning and recommended next steps. When your team is ready, we can design a Level 2 programme that builds on the first.



NEW FOR 2027

OPI

AI in the workplace: productivity, judgement and governance

Use AI to redesign real work, with sound judgement, clear governance and measurable gains.

HPI

Prevention of workplace harassment

Build a respectful workplace and understand rights, duties and procedures under the law where you operate.

HSE

Psychosocial risk and ISO 45003 awareness

Identify and manage workload, pressure and other psychosocial risks at work.

Can't find your training here?

We build custom programmes around your team's goals. Group sizes from 15 to 50 depending on the course.

Talk to us

Send an enquiry or book a discovery call.

ask@opdev.org

UK: London, England · WhatsApp +44 7440 585456

Pakistan: Lahore, Pakistan · WhatsApp +92 328 2888978

opdev.org